**SUGGESTED FORMULATION**

<table>
<thead>
<tr>
<th>Ingredient Listing</th>
<th>Qty.</th>
<th>Unit</th>
<th>NDC #</th>
<th>Supplier</th>
<th>Lot Number</th>
<th>Expiry Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ferrous Sulfate (Heptahydrate), USP</td>
<td>4.950</td>
<td>g</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mango Flavor (Powder)</td>
<td>0.45</td>
<td>g</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Raspberry Flavor (Powder)</td>
<td>0.24</td>
<td>g</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Vanillin Flavor (Powder)</td>
<td>0.12</td>
<td>g</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Stevia Powder</td>
<td>0.06</td>
<td>g</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Medisca FizzMix™ Base</td>
<td>TBD</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**SPECIAL PREPARATORY CONSIDERATIONS**

In **Ingredient-Specific Information**

- **Light sensitive (protect from light whenever possible):** Ferrous Sulfate (Heptahydrate)
- **Hygroscopic (protect from moisture whenever possible):** Ferrous Sulfate (Heptahydrate), FizzMix™ Base, Stevia Powder
- **Air sensitive (protect from air whenever possible):** Ferrous Sulfate (Heptahydrate)
- **Moisture sensitive (protect from humidity whenever possible):** Ferrous Sulfate (Heptahydrate)

**Suggested Preparatory Guidelines**

- [ ] Non-Sterile Preparation
- [ ] Sterile Preparation

**Processing Error / Testing Considerations:** To account for processing errors and considerations during preparation, it is suggested to measure an additional 1 to 3% of the required quantities of ingredients.

**Special Instruction:** Protective apparel, such as a lab coat, disposable gloves, eyewear and face-masks should always be worn.

This procedure requires the use of very small quantities of ingredients. All calculations and preparation techniques must be verified before dispensing the final product.
**SUGGESTED PREPARATION (for 30 x 7.5 mL pouches)**

Weigh and / or measure the following ingredients when appropriate:

<table>
<thead>
<tr>
<th>Ingredient Listing</th>
<th>Qty.</th>
<th>Unit</th>
<th>Multiplication factor (*)</th>
<th>Processing Error</th>
<th>Qty. to measure</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ferrous Sulfate (Heptahydrate), USP §</td>
<td>4.950</td>
<td>g</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mango Flavor (Powder)</td>
<td>0.45</td>
<td>g</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Raspberry Flavor (Powder)</td>
<td>0.24</td>
<td>g</td>
<td></td>
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</tr>
<tr>
<td>Stevia Powder §</td>
<td>0.06</td>
<td>g</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Medisca FizzMix™ Base §</td>
<td>TBD</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

* Takes into account increased batch size conversions and density conversions, if required.
§ Weigh / measure just prior to use.

### Preparatory Instruction

1. **Calculate the quantity of FizzMix™ Base required for 30 x 7.5 mL Pouches:**
   - A. Determine the average **BULK** bin fill weight by filling and weighing TWO TARED bins with the sieved FizzMix™ Base (DO NOT TRITIURATE or TAP THE BASE). Divide the total weight by 2 to obtain average weight. _________ g (A)
   - B. Quantity of FizzMix™ Base required per bin = (A) – (0.194 g) *
     *[Quantity of Ferrous Sulfate, Flavors and Sweetener per bin] _________ g (B)
   - C. Total quantity of FizzMix™ Base required for the batch = (B) x 30 bins _________ g (C)
   - D. Quantity of FizzMix™ Base to weigh with processing error = (C) x 1.01 – 1.03 _________ g (D)

2. **Powder preparation:**
   - A. Pass the FizzMix™ Base through a 30 mesh sieve and weigh the required quantity (quantity determined in Step 1D).
   - B. By geometric addition, combine and triturate the following ingredients together to form a fine, homogeneous powder blend:
     - Ferrous Sulfate (Heptahydrate)
     - Mango Flavor (Powder)
     - Raspberry Flavor (Powder)
     - Vanillin Flavor (Powder)
     - Stevia Powder
   - C. By geometric addition, combine and mix, using a manual tumbler mixer (DO NOT TRITURATE) the following
<table>
<thead>
<tr>
<th>Suggested Formula</th>
<th>Ferrous Sulfate 165 mg/7.5 mL Oral Effervescent Powder Blend for Reconstitution (Powder Blend, 30 x 7.5 mL Pouches)</th>
<th>FIN</th>
<th>F 006 631</th>
</tr>
</thead>
</table>

3. **Product transfer:**

Fill each of 30 x 7.5 mL bins with the homogeneous powder blend (Step 2C). Do not tap the device on the bench while filling as the API(s) and FizzMix™ Base have been calibrated to determine their **BULK DENSITY**.

4. **Validation technique:**

The final weight of each bin (not including the bin shell) should fall between 90 and 110% of the theoretically calculated weight, in accordance to USP 795 guidelines. The theoretically calculated weight can be determined by the amount in Step 1A.

5. **Product transfer:**

Transfer the contents of each filled bin into the specified dispensing container (see “Packaging Requirements”).
### Suggested Presentation

<table>
<thead>
<tr>
<th>Estimated Beyond-Use Date</th>
<th>Packaging Requirements</th>
</tr>
</thead>
<tbody>
<tr>
<td>6 months, as per USP*</td>
<td>Pack into 100 mm × 80 mm moisture barrier pouches and put into suitable container.</td>
</tr>
</tbody>
</table>

**Auxiliary Labels**

1. Use as directed. Do not exceed prescribed dose.
2. Keep out of reach of children.
4. Cap tightly after use.

5. Consult your health care practitioner if any prescription or over-the-counter medications are currently being used or are prescribed for future use.
6. Keep in a dry place.
7. Protect from light.

**Pharmacist Instructions**

Add any auxiliary labels specific to the active ingredients to the dispensing container as deemed necessary.

**Patient Instructions**

Contact your pharmacist in the event of adverse reactions.

**Note:** Disperse one pouch into 6 to 8 ounces of water and mix until homogenous before taking the mixture.

*The BUD is not later than the time remaining until the earliest expiration date of any API or 6 months, whichever is earlier.*
Suggested Formula:

Ferrous Sulfate 165 mg/7.5 mL Oral Effervescent Powder Blend for Reconstitution (Powder Blend, 30 x 7.5 mL Pouches)

FIN: F 006 631

REFERENCES


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